
Mental Health Planning & Advisory Council

Vision
Plan, Advocate, Evaluate

Mission
*To advocate for a system that supports persons
impacted by mental disorders on their journeys
to achieve the highest quality of life possible by
promoting evidence-based, cost-effective,
individualized mental health services.*

Cathii Nash, Chair
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Mental Health Planning and Advisory Council
Red Lion Yakima Center Hotel
607 East Yakima Avenue
June 13, 2007, 4:00 p.m. – 8:00 p.m.
MINUTES

PRESENT: Cathii Nash, Rick Crozier, Nanette Baker, Fran Collison, JoEllen Woodrow, Dan Clement, Erin Peterchick, Eleanor Owens, Cheri Dolezal, Bill Waters, Michelle Murphy, Doug Johnson, BJ Cooper, Becky Bates, YuMing Zhu for Thressa Alston, Annie Conant, Danny Eng, and Lenora Warden

GUESTS: Jill SanJule, Linda Pope

EXCUSED: Russ Hammond, Brett Lawton, Mary Christie, Joanne Groves, Ron McCoy, Traci Adair, Vanessa Lewis, Roger Bauer, and Barb Putman

UNEXCUSED: Tom Saltrup

I. INTRODUCTIONS

- A.** Review and approve May 9, 2007 Council Minutes
1. Comment on pg 5, F.) 6. a. Ethnic cultural take out the word “intimidating” and change Pascue to Pascua.
 2. Number 6. b. strike words “without retaliation”
 3. Number 5. strike statement “The director is very protective....etc.”
 4. Page 4 D: 1. change ASC to ACS
 5. Erin Peterchick will give me additional changes
Move to Accept MHPAC Minutes as Amended. Approved.
- B.** Discuss NAMHPAC meeting in Washington, D.C.
1. Discussion on “Individual Development Accounts” resource.
 2. CTED sponsors a program. Annie Conant will talk to her supervisor, Paul to find more information.
ACTION: Annie will give me handouts of an overview of CTED’s IDA program.
 3. Council would like a presentation during the October meeting.
ACTION: Erin Peterchick will get the information together from Judy Stange at the NAMHPAC.
 4. Suggestion to contact the people sponsoring IDAs in WA State and have them give the presentation.
- C.** Review Pending Action Items **COMPLETED**

D. Review and recommend, suggest, deny RSN Contracts for 2008-2010 FBG Matrix

1. Did anyone see anything in the contract that is not allowed?
 - a) Page 8, computers printers and furniture can easily come over \$5k
COUNCIL RECOMMENDATION: Make sure the physical is no more that \$5,000 will be spent on this.
2. MHFG guidelines.
ACTION: Fran will get MHPAC copies of MH FBG guidelines.
FBG programs should be meaningful and measurable outcomes, innovative and transformational.
3. Is King County doing anything transformational?
4. Page 11, Greater Columbia: Peer Counselors – is a Medicaid funded, should be using FBG money. She doesn't understand why Peer Counselors are using FBG money when they have different funding.
5. Chelan Douglas - CIT works. Is there something the Council could do to apply a yardstick to find out what is being done elsewhere that will free up?
6. What percentages of the programs that are being funded are really consumer-driven?
7. Suggested to review FBG and give them specific and negative feedback on the matrix.
8. Suggestion: If MHPAC wants to make an impact, we should be working on the 2008 goals today, the 07 goals are already about set.

MHPAC responsibility is to ask MHD on who they are applying their dollars. Make a serious statement.

9. Peninsula RSN is not consumer driven. How do we get the FBG dollars to go where they are supposed to go?
10. We have described the problem, a letter from the Chair indicating our distress over the fact that the goals that we selected do not configure to the guidelines of the FBG, give examples (not moving toward Transformation), these do not Include in letter, Council will be review criteria and making suggestions.
11. Look at the FBG criteria (Utilization Guidelines and Guiding Principles) and develop new criteria. She will have Ronda fine tune criteria. (mention in letter)
ACTION: Cathii will write a letter of distress.
12. Suggestion to spend the entire Oct meeting rewriting the FBG guidelines and principles so it can be reviewed by MHD and presented to RSNs.
 - a. Suggestion for an Ad Hoc committee. To what extent could the criteria be more specific? What percentage is spent on a certain kind of program?
 - b. Chair and Vice Chair said it was the P/P subcommittee to review FGB criteria.
 - c. Idea to have consumers from the Transformation project to find tune the criteria.
 - d. Mental Health system is seriously under funded. All people in every community should have mental health services when they need it.

REVIEW OF FBG MATRIX

1. Chelan/Douglas: 25 family members will attend seminars. There is a contract with NAMI to do these. Only 25 family members being funded for \$5,750? \$3,000 for 400 educators to receive training??
2. Clark: Reviewed
3. Grays Harbor:

- a. Supportive employment workshop - Great
- b. Computers printers and furniture can easily come over \$5k
- c. RSN and provider trainings by FBG dollars is good.
- 4. Greater Columbia:
 - a. Certified Peer counselors (we want RSNs to hire more Peer counselors but add three every year)
 - b. Wraparound
 - c. Columbia County: Community Food
 - d. Benton and Franklin Co employ Peer Counseling to provide support to consumers (Medicaid eligible)
- 5. Klickitat Co - same issue
- 6. Skamania Co:
- 7. Walla walla – club house development:
 - a. Funds go to individual so you have to account each billing. Medicaid, state money or FBG dollars.
- 8. Yakima Co: Peer Counselors - Medicaid
 - a. NAMI Education: Funding a part-time director
- 9. King Co:
 - a. Geriatric Crisis Services
 - b. Children's outreach response system: **Question this one.** No need to use FBG money to do this
 - c. Question Tribal Youth Suicide Prevention
- 10. N Central \$46,000 Pg 23 states no criteria
 - a. Increase access to services for Older Adults, questionable using FBG dollars to pay for psychiatrist
- 11. N Sound:
 - a. \$15,000 DDD enrolled adults are already Medicaid or go to DD for this funding.
 - b. RFQ day support
 - c. Pg 48 \$144,325 questionable amount of money.
 - d. Final observations send to Cathii

- E. Review Decision Packages, presentations and vote
 Fran Collison: Directive from Robin Arnolds-Williams was "Don't ask for any money."

Jill SanJule presentation:

- 1. Self Directed Care Pilot Project
Erin P.: A provocative idea from Transformation process. This DP hits on adult consumers. Consumer run services is what people want and the state doesn't have.
- 2. Independent Consumer-run Recovery Resource Center Demonstration Project.
- 3. Journey to Wellness presented to Council in May by Highline W. Seattle MH

Council Vote:

- 1. Self Directed care 3 votes
- 2. Resource Center 6 votes
- 3. Highline 5 votes

Lenora Warden is part of the new project titled, "Roads to Independence" Money Follows the People.

ADJOURNED

- F. Update on SCOA letters, MHD letters
 - 1. Interviews have taken place, a final candidate has been selected but the job has not been offered yet since MHD wants to make sure they make the perfect selection.
- G. Update on OCA interview process
- H. Update on Bylaw revisions
- I. Subcommittee reports will be held until the July meeting.
- J. Suggestions from P/P for October meetings

The next MHPAC Meeting will on Wednesday, July 11th, 2007 at the SeaTac Holiday Inn Express from 9:30 a.m. to 3:30 p.m.

Please be sure to make airline travel/hotel arrangements at least two weeks ahead via email to Christina Carter at cartecc@dshs.wa.gov. Thank you for your cooperation.